unite for children

THE QUARTERLY NEWSLETTER OF UNICEF ROMANIA - NR 3, 2009



HIV and AIDS in Romania: taking stock

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Let's Unite for Children! In this issue

Welcome to this edition of Unite for Children, UNICEF Romania's quarterly publication that helps keep donors, partners and the general public abreast of the major issues faced by children in Romania, and what UNICEF is doing to help protect and defend their rights.

This edition's focus is HIV and AIDS in Romania, and in the following pages readers will learn that when almost two



per cent of Romania's institutionalised children tested positive for HIV in 1992, the country faced a potential catastrophe. The growth of a deadly virus threatened to spiral out of control, and possibly could have, had it not been for the persistent, unrelenting hard work of many actors at local, national and international levels. Today the danger in high-risk, vulnerable groups remains very real, but the threat of an epidemic amongst children has been averted, and Romania's confronting the problem amongst children is a major victory for all concerned.

Romania's experience with HIV and AIDS is most remarkable for the fact that many of the children who were diagnosed with HIV in the early 1990s have survived, and are now approaching the end of adolescence. While they do have specific issues that are not shared by their contemporaries, with the correct treatment and counseling they are now looking ahead to a future not vastly different from any 'normal' young man or woman. Their experience makes them among the best-informed activists and counselors against AIDS, and many are willing to talk and share their stories. Further, their experience – unique in Europe – is invaluable to AIDS medical staff and researchers and has already been studied in minute detail when outbreaks have occurred amongst children in other countries in the region.

A word on fund raising, and an inspiring example of the power of corporate sponsorship to do good. The last quarter of 2008 saw One Pack = One Vaccine — a long-term, multi-million dollar, multi-country programme aimed at raising sufficient funds to vaccinate mothers and babies against tetanus — expand to Romania. Procter & Gamble, the producer of Pampers diapers agreed that for each specially marked pack and wipe of Pampers purchased it would donate to UNICEF the cost of a vaccine. The fundraising programme which lasts until 2011, has already raised enough money for 50 million vaccines and aims to raise enough for another 200 million vaccines — enough to eliminate tetanus entirely, thus saving the lives of potentially millions of young women and children.

Edmond McLoughney
UNICEF Representative, Romania

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UNICEF Romania Representative Edmond McLoughney introduces this issue of Unite for Children, saying that its headline topic, Romania's experience with HIV and AIDS is one of hope for young people living with the virus.

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HIV and AIDS was prevalent amongst abandoned children living in institutions in the early 1990s, but the willpower and strength of infected children has turned a potentially catastrophic situation into one of inspiration and hope.

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Iulian Petre, Executive Director of UNOPA, whose members are Romanian NGOs fighting for the rights of people living with HIV and AIDS, says that discrimination in Romania is not what it used to be.

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The power of corporate sponsorships is exemplified by UNICEF's partnership with Pampers, whose One Pack = One Vaccine initiative is aimed at ridding the world of tetanus.

Cover picture: UNICEF Romania/Pirozzi.

Unite for Children is published quarterly by UNICEF Romania, 48A, Blvd. Primăverii, 011975 Bucharest 1 Romania. T: +40 21 201 7872; F: +40 21 317 5255; E: bucharest@unicef.org; www.unicef.org/romania

Despina Andrei – Private Sector Division Manager T: +40 21 201 7858; E: dandrei@unicef.org

Dr. Cristina Chiotan - HIV / AIDS Consultant T: +40 21 201 7861; E: cchiotan@unicef.org

Eugen Crai – Social Policy and Advocacy Specialist T: +40 21 201 7862; E: ecrai@unicef.org

Dr. Voichița Pop – Programme Specialist for Child Protection and Health; T: +40 21 201 7854; E: vpop@unicef.org

Codruța Hedeșiu – Communication Officer T: +40 21 201 7864; E: chedesiu@unicef.org



Controlling the spread of AIDS requires a cohesive, unified approach from all sides. Picture: UNOPA.

HIV and AIDS in Romania: taking stock

From a once dire position, in less than a generation Romania has stared down the spectre of HIV and AIDS. A combination of knowhow, strong collaboration between specialists, partnerships forged between NGOs and authorities, and supportive pharmaceutical companies has ensured that people living with HIV and AIDS can look to the future with a degree of hope

THE MOMENT VALERIU D. WALKS INTO THE ROOM, the impression given is how ordinary and everyday is his appearance. A year or two beyond adolescence, dark-haired, tall, slim and bright-eyed, and dressed casually in the sloppy chic mode that is de rigueur with young Romanians of the day, with a backpack slung over his shoulder he could be the young man behind the counter at the government office, the waiter at the restaurant, or the shop assistant who helps you buy a new pair of shoes. He could be the next-door neighbour. He could be any of us. Smiling, he regards me directly; we shake hands and he takes off his coat and sits comfortably in his chair and begins to tell the story of how he contracted human immunodeficiency virus, more commonly known as HIV.

the most graphic, the most shocking. Beamed into homes across the world, the footage prompted global outrage, and medical provisions and aid poured into a country that had kept its abandoned children under lock and key for decades.

Elsewhere, earlier in the 1980s the first cases of AIDS were discovered and diagnosed. As researchers began to understand its complexity, they found that the virus was transferred between people by the exchange of bodily fluids – namely, blood and semen – between one infected person to another, and it was thought that preventative steps could greatly curtail the spread of the disease. The early history of HIV and AIDS saw its spread confined mainly to high-risk groups such as



UNAIDS Country Coordinator Eduard Petrescu: "To prevent a potential epidemic you have to hit hard at the first sign of high-risk behaviour." Picture: Vivid.

COVERAGE OF THE FALL OF ROMANIA'S COMMUNIST regime during the revolution in December 1989 may be fading in the memory, but the photographs and footage shot soon afterwards by the first medical teams, diplomats and journalists who ventured into the orphanages housing Romania's abandoned children remain unforgettable, indelibly stamped on the memory. Shaven-headed, semi-naked and malnourished, the cameras showed children in their hundreds dressed in rags trapped in barred, airless rooms, many tied to beds or rocking back and forth out of mind-numbing boredom. Of the injustices generated by the Ceausescu regime this was to prove

men having sex with men and intravenous drug users, and campaigns designed to make these groups aware of the disease, its dangers and prevention helped in its understanding amongst the public. The need for sterile, clean needles and the strict screening of blood in hospitals was emphasised in information campaigns around the world.

The 1980s was perhaps the most austere period in Romania's modern history. Although the first case of HIV and AIDS was diagnosed in 1985, the country's rulers did not consider the disease as a threat – or if they did, they weren't saying so. Nor did they

consider that high-risk groups existed. "This was probably one of the reasons they did not want to look at the possible risks of such an epidemic in Romania. The thinking might have been, 'As these people did not exist, we do not need to explore whether we have a problem with HIV and AIDS," explains Eduard Petrescu, who has been the Country Coordinator for UNAIDS since 1997. "So until the end of the communist regime nothing was done in Romania to restrict the spread of HIV and AIDS."

By then it had become clear that a further group faced grave danger - those who had been subjected to tainted blood or syringes and needles that had not been properly sterilised after medical procedures. Institutionalised children in Romania were therefore right in the firing line, and a combination of a health system on the verge of bankruptcy, decision makers that refused to take preventative measures, appalling living conditions, poor nutrition and the fact that Romanian children received five times the number of injections of Western European children before the age of one - a Human Rights Watch report showed that some hospitals would administer up to 120 injections per child over a four-week period – all conspired to make them particularly vulnerable. While senior health workers refused to accept that the disease could ever pose a threat in Romania, it had in fact already taken root and was beginning to spread. The system was designed to cloak cases of child mortality, to divert any questions being asked of the health of children. At the country's one facility that had the necessary equipment to test for HIV and AIDS hundreds of cases were diagnosed, including cases of children, but these were not reported.

The result of many years of chronic mismanagement was that in February 1990 children were discovered to be dying of AIDS in several hospitals throughout Romania. This news went straight out into the international media, as did the footage of the sick, neglected and disabled children that so shocked the world. One of the first humanitarian missions to Romania after the revolution, led by the World Health Organisation in 1990-1991, surmised that HIV infection amongst children might have had its source in the orphanages, so it set about testing all 120,000 institutionalised children. The result was that about 2,000 children tested HIV-positive. The children were not orphans - rather, they had been abandoned, most likely the result of unplanned pregnancies (birth control was illegal during communism) or the dire financial circumstances of their parents - so in many cases it was possible to test their parents for HIV and AIDS. Since many tested negative we can presume that the children had been infected through tainted blood, reused needles and syringes or poorly sterilised medical instruments.

Reaction was swift, and the WHO mission resident in Romania in 1990-91 proposed measures to stop the

spread of HIV through medical procedures; they included the introduction of disposable syringes and blood testing. These measures proved to be effective because, experts say, medical negligence was no longer responsible for any Romanian children born with HIV after 1992. Thus, one serious source of contamination had been eradicated.

ASTHE WORLD GRASPEDTHE FULL EXTENT OF ROMANIA'S institutionalised children, international agencies poured into the country to try to help. At that time there was no specialised treatment available – except for associated infections that attacked the immune system, such as cancers and tuberculosis. UNICEF opened a country office in 1991 in Romania and prioritised HIV and AIDS programmes from the outset. Support was provided to different groups, especially NGOs which were providing medical and social assistance to the children, as well as counselling and alternative services that were unavailable through the public health system.

"In those early days UNICEF was very effective in helping to educate the population, in educating even the opinion leaders at a community level," says Eduard Petrescu. "There were cascades of medical workers entering Romania – from trainers to teachers to social workers to hospital nurses trying to teach people about HIV and AIDS, and why there should be no problem to socially interact with a person with HIV." Important too was social support for families, to help them cope with a child who was HIV positive. There were programmes that provided terminal care with some of the children in a more advanced stage, and UNICEF supported many programmes for abandoned children in Constanta and in other parts of the country, making sure they had access to the best medical and family care. For abandoned children this was crucially important. UNICEF also put its support behind the NGOs that were providing nutritional programmes and advice for young people living with HIV, as good nutrition is one of the key elements in keeping the immune system strong. This area became a key focus.

The programmes evolved as the situation evolved. Because of the high international, media and emotional interest, there was always a focus on Romania about these children. Representatives from the private sector and drug companies began coming to Romania, to see what could be done to help, and to promote their treatments. As such Romania began administering treatment for HIV at the same time as the rest of Europe – probably not to the same extent, as financial resources were limited – but Romania started with the first drugs in 1995.

The problem was that most of the drugs were designed for adults, since most of the people in the West with the virus were adults, not children.

With half of Europe's HIV positive children, Romania found itself at the forefront of research on how drugs tested on adults could work with children. The focus on Romania turned out to be beneficial for both the country and children living with HIV, because today Romania's experience has proved invaluable for the early treatment of children with HIV; this experience is already available for other countries to learn from, especially in the Balkans and CIS countries. UNICEF has organised study tours for professionals from Belarus, Moldova, Kazakhstan, Kyrgyzstan, Tajikistan, Ukraine, and Uzbekistan. People participating in study tours have learned about the challenges that Romanian professionals encountered and how their perspective in dealing with similar situations in the 1990s has changed. They have learned that with perseverance and commitment there is hope, and that problems can be overcome. Latterly, the Romanian government has expressed an interest in helping other countries design their own treatment programmes.

LIKETHOUSANDS OF HIS CONTEMPORARIES, VALERIU D.had entered Romania's health system of the early 1990s for what should have been a routine check of a digestive complaint. Barely a year old, his memory of the hospital is scant. Three years later, just prior to entering kindergarten, he was instructed to undergo a series of tests before being admitted, as did all children going to school at that stage. The tests showed that Valeriu was HIV positive, although that outcome was kept from him until later, when Valeriu was at school. To rule out the possibility that he had caught it from his mother, both his parents were tested and both were negative. That only left one possible source of contracting HIV: during a medical intervention.

Valeriu's parents did not tell him that he was HIV-positive for some years. What would be the point? He

With the right mix of medication, Valeriu D. and the thousands of young HIV-positive people like him in Romania stand every chance of leading normal, happy, productive lives. Picture: UNICEF Romania.



was too young to understand, anyway. Once he had learnt to read and write, he found some documents and asked his mother about them. "You have hepatitis and you need some vitamins," he remembers her saying. Unsatisfied, he focused on finding the real truth. It was not difficult to make the connection with the trips to the clinic, where 'HIV' was written in brutally bold lettering wherever he looked, the blood samples – too numerous to count – and his faltering physical condition. And why, he wondered, could he not go outside and play with his friends? Why did he always have to stay at home?

The first time that Valeriu knew he was different was when his parents told his teacher about his condition. He was at school at that stage, aged 10 and in the fifth grade of a normal school when, concerned about his health, his parents visited his teachers and told them of the reason he would easily run out of energy and suggested that he be excused from anything too strenuous. The very next day the teachers held a meeting, not with the parents but all the children in the class. As it happened, Valeriu was absent that day, probably at the hospital. When he returned to school the following day, he found the whole atmosphere had changed, as had his schoolmates' attitude. They weren't being mean or teasing him, but they were different, more aloof now that his 'little secret' - his words - was out. Until then, he had not thought of his HIV status as much of a problem. "When you have HIV, you learn how to protect yourself, and others," he says.

"BETWEEN 1997 AND 2000 MANY NEW DRUGS WERE made avalaible and many, but not all HIV patients had access to treatment," says Eduard Petrescu. The financing base of the health system was in transition from a state budget to an insurance system, which probably could have been better managed. "The result of all this chaos, together with some political chaos, ended in a major crisis in 2001, and a lot of children and adults who had started treatment had to stop treatment, due to financial reasons," he continued.

A key moment came when the UN intervened, after UNICEF and UNOPA - the Union of National Organisations of People Affected by HIV and AIDS had approached the Ministry of Health to include Romania in an already existing programme that provided HIV and AIDS patients from countries in Africa, Asia and Latin America with drugs from the five major pharmaceutical companies at reduced prices. Romania's government had to commit to provide drugs to anyone who needed them, with pharmaceutical companies providing drugs either at deeply discounted prices, or partly as donations. The agreement, facilitated by the UN, was negotiated in two months in 2001 and was signed during the World AIDS Summit in June 2001. UNICEF and UNAIDS worked with UNOPA and the government to

IN HIS OWN WORDS

lulian Petre is the Executive Director of UNOPA, the National Union of Organisations of People affected by HIV and AIDS.

What is UNOPA, and what does it do?

Formed in 2000, UNOPA is a union representing the NGOs whose members are people living with HIV and AIDS. We formed because of the very real need to work on behalf of our members to present a united front to policy makers, decision makers, employees and indeed society as a whole. We have about 20 members, and the NGOs are based all around Romania. UNOPA is like a watchdog, bringing to the attention of authorities all the problems that arise over different situations for people with HIV and AIDS.

lulian Petre: "Throughout UNOPA's existence we have had strong support from UNICEF" Picture: UNICEF Romania.



You have had some major achievements?

In 2000 not everyone with HIV-AIDS was able to benefit from free treatment, and many people died. But since then almost everyone is receiving free treatment and social protection through legislation for disabled people, people who are members of NGOs which are in turn members of UNOPA. There is a chapter written into the legislation for them. However, they do not feel that this issue is solved so completely that they can sleep peacefully. They need to remain vigilant.

What is the biggest problem facing Romania's long-term survivors?

The biggest handicap is educational. Half of the survivors – who are now typically aged between 19 and 22 – have not graduated from high school, which means that at their age they are unlikely to find unemployment. So finalising their studies is a major issue

How will they finalise their studies?

Some have succeeded in returning to school and finalising their studies, and some are students at the moment, in high schools and universities. There is an education programme run by the Ministry of Education called Second Chance, dedicated to children and young people who could not attend school for several years. They can go back to perhaps do two years in one. They are also able to apply for vocational courses for different jobs and professions.

Do they come up against discrimination?

The most common form is in the community. In schools and hospitals, there is still discrimination, but not at the level of several years ago, when they might have been refused medical treatment, or refused a classroom to study. People are much better informed. At the workplace you find stigma and discrimination when people discover that their colleague is HIV positive. Employers are better informed, but there are still many cases of discrimination.

How has UNICEF helped UNOPA?

When UNOPA formed in 2000, UNICEF helped in the area of organisational issues. That was important, because it was the first time that all our members were together, and they needed support and advice on how to stay together. UNICEF has supported specific activities – it has helped organize our annual meetings and helped with fund raising for their development. It has helped with the monitoring of the rights of people living with HIV, and has supported advocacy activities. It has introduced us to European-wide HIV and AIDS forums, and helped form the Fighters, a group of young people who live with HIV and AIDS who act as activists and counselors.

ensure procurement, to update national guidelines, and to improve the national registry of HIV and AIDS patients for easier monitoring. At the next WHO/UNICEF assessment in 2003 universal access was proven. The budget of the programme is reflected by its complexity – and, of course, by the number of its beneficiaries. In 2001, the budget for treatment was \$1.5 million; in 2008, it was around 70 million euros. The number of patients in the programme has increased from 2,000 to almost 7,500. It is not only the cost of the treatment that has become more complex and more expensive. Says Eduard Petrescu, "As you progress through a treatment, the drugs become more and more expensive."

AT A GLANCE: UNICEF Romania's HIV and AIDS programme

The primary focus of UNICEF Romania's HIV/AIDS programme is prevention of HIV infection and capacity strengthening in partnership with both the government structure and NGOs to better respond to the HIV epidemic.

Projects developed under the HIV and AIDS programme have objectives that include:

- working at policy level with government partners, UNICEF is promoting the inclusion of most at risk adolescents (MARA) into the National Strategy
- baseline research study on MARA will be launched in 2009; will contribute to HIV prevention and access to other medical services for most at risk adolescents
- supporting programmes and implementing activities to facilitate access of young people living with HIV/AIDS to school, vocational training and iobs
- promoting Romania's achievements and models in HIV prevention and treatment, and supporting experience sharing with other countries in the region

UNICEF Romania was active in the area of policy change and system reform. Some successes which UNICEF has contributed to include:

- establishing the National Multisectoral Committee for HIV and AIDS
- including prevention of mother to child transmission in the National Multisectoral Committee for HIV and AIDS services
- capacity building and assisting the development of associations of people living with HIV and AIDS, especially for adolescents and young people
- support for the establishment of the National Anti Drug Agency and the county centres for prevention of drug use
- support for development and implementation of "Health Education in Romanian Schools", a national programme comprising specific information on HIV and AIDS prevention

While expensive, there is no doubt that the treatment programme has been an unqualified success. A combination of the programme, and the care and understanding that the children receive, have made them what they are today: long-term survivors of HIV. Having contracted the disease in the late 1980s or early 1990s, they are now typically young adults, who have been living with the virus since they were very young. They are beginning to search for the things most young people seek, and jobs, relationships, and a family feature high on the list.

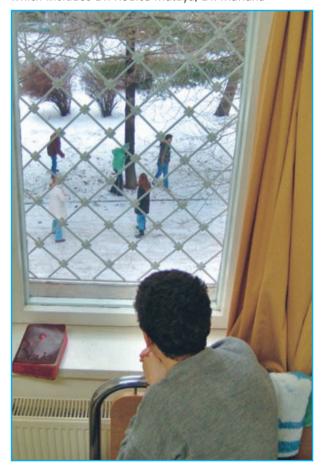
At the beginning of the 1990s, few people thought these children would survive. Many of them were frequently ill, and the quality of their lives was low. Many of them were abandoned, and had either dropped out of school or had not even begun school in the first place. Every indication pointed to their dying young. After 1997 when treatment became more widely available and the standard of their health improved, many had problems starting back at school or finishing school. So the rate of school graduation amongst Romania's long-term HIV survivors is very different to that of the general population. Many have completed only primary school; few have completed high school, and even fewer have been to university. Now, many are enrolled in programmes through UNOPA and supported by UNICEF that assist them back to school, so that they may continue with their education. They are covered by social security, receive a small income and vocational programmes exist to help them promote their chances in the work force. Indeed, in 2009 UNICEF is supporting the implementation of a project that assists young people living with HIV and AIDS in social and professional integration, responding to needs that can involve continuing education, finding a work place and urging employers to support their professional integration.

Furthermore, they are excellent counsellors and activists, and both UNICEF and UNAIDS have worked with them in all their HIV and AIDS-related campaigns since 2001. Particularly active within UNOPA is "the Fighters", a group that teaches people about HIV and AIDS, how it is transmitted and how it can be prevented. But whether the campaigns are about prevention or raising awareness or combating discrimination, people living with HIV and AIDS in Romania provide valuable input, and have launched some of their own campaigns through UNOPA, after establishing their own allies and partnerships. "The upshot is that we have a 'combat' group of 7,000 people with HIV and AIDS. They are young adults who want families, who want children, they want a sex life and a social life. Some of them were very ill for years, and now they want to make up for all the things they've never had in their lives," says Eduard Petrescu.

As Romania has become a low prevalence HIV and

AIDS country, UNICEF is targeting most at risk adolescents (MARA) - adolescent boys and girls engaging in high risk behaviour. Within a multicountry programme UNICEF and its partners (the Ministry of Public Health, National Anti Drug Agency and University of Sociology and Social Assistance) has performed a baseline study on their behaviour, which is to be launched in 2009. The study will ensure the evidence and tools necessary for HIV prevention and intervention among vulnerable groups are available to the key stakeholders, government and nongovernment partners. Furthermore, in partnership with UNODC, in 2009 UNICEF is working with seven NGOs aiming to build on existing services and insure MARA access to HIV prevention and other medical and social services.

Fighting HIV and AIDS in Romania has been the result of hard work, joint efforts and strong teams formed by health professionals, psychologists, NGOs and government partners working together; UNICEF, other UN agencies and international organisations have supported their engagement and commitment. There is a long list of people who have committed themselves to the cause of the children infected with HIV and AIDS, which includes Dr. Rodica Mătusa, Dr. Mariana



In the mid-1990s half of all children in Europe with HIV were Romanian children. Picture: UNOPA.

Mărdărescu, Elena Cişmaşu, Mirela Ivan, Prof. Univ. Dr. Sorin Rugină, and Prof. Univ. Dr. Adrian Streinu Cercel. Support was ensured for these children by NGOs such as Casa Speranţa, Fundaţia Baylor Marea Neagră, Alături de Voi, Asociaţia Română Anti SIDA (ARAS), UNOPA, and Romania Angel Appeal, that worked in close collaboration with infectious disease hospitals in Constanţa and Bucharest. The partnerships have been built on personal commitment and strong relationships. Now they can all be proud of their achievements.

VALERIU D'S EXPERIENCE WITH THE DISEASE mirrors the changes in fortune of Romania's HIV patients. After finding that his immune system was extremely low and that he was not responding to the prescribed drugs, he was forced to drop out of school for two years. Now, however, he is receiving the right combination of drugs and although aged 20, with the help of UNICEF he is back at school and making up for lost time. Working by day on schoolwork and by night designing websites, his ambition is to become a full-time website designer. He has already created several that are smart and technically inventive, and is working on more. There is little that he can't do, provided he takes proper care of himself and continues to receive medication, which now consists of twice-daily pills.

As well as that, Valeriu has harbored his experience with HIV and become part of the Fighters; his presence, and the presence of other people living with HIV and AIDS, forms an important role of the fight against AIDS. When he talks to people about the disease, he tells them that HIV and AIDS is a disease that can be controlled. "I don't have any reason to be unhappy, or angry," he says. I'm happy because I feel great, and that means a lot. I have the opportunity to do whatever I want to do, to make my life continue smoothly and normally like other people."

AT A GLANCE: HIV and AIDS cases in Romania

- It is believed that between 1986 and 1991 over 10,000 children were infected through medical procedures that included transfusion with unscreened blood, reused needles and syringes, and use of poorly sterilized medical instruments.
- A small number of cases of HIV-positive children who were born after 1991 exist, and virtually none were born after 1994.
- Today there are almost 10,000 registered people living with HIV and AIDS in Romania; of these, 7,000 are adolescents and young adults, having contracted the disease when very young.



Fund raising is vital for UNICEF to work towards its objective of defending and promoting the rights of children, At UNICEF Romania, Despina Andrei (email: dandrei@unicef.org) works full time coordinating fundraising activity. Each year UNICEF Romania launches a number of fundraising initiatives, so if you,

your company or organisation would like to donate to any of them, Despina would be delighted to hear from you.



UNICEF Romania Goodwill Ambassador Andreea Marin Bănică with a baby during the Pampers-UNICEF mission to the Central African Republic. Babies aged younger than six months are most vulnerable. Picture: UNICEF Romania.

One Pack = One Vaccine

It is impossible to underestimate the importance of corporate involvement in fund raising activities, and UNICEF has partnered with corporate sponsors in several initiatives. One of the aims of Unite for Children is to publicise UNICEF fund raising initiatives, and one wideranging example is UNICEF's involvement in One Pack = One Vaccine, a global, multi-year, multi-million dollar campaign in which UNICEF and Pampers, the producer of baby care products, work together with the goal of eliminating maternal and neonatal tetanus by 2012. For every specially marked Pampers product sold between 1st October and 31st December 2008, Pampers donated the cost of a life-saving tetanus vaccine, to enable UNICEF to contribute to the vaccination of a

woman of childbearing age in countries where tetanus is prevalent.

Until 2008, One Pack = One Vaccine has already raised enough money to pay for almost 50 million vaccines against tetanus. It is hoped that by the end of the campaign in 2011 enough money will have been raised to immunise another 200 million mothers and babies, an achievement that will effectively eliminate mother and neonatal tetanus.

Initially launched in the UK in 2006, One Pack = One Vaccine expanded to include other countries in Western Europe in 2007 and in 2008 expanded globally. In Romania, the campaign was launched in October 2008 by UNICEF Romania Goodwill Ambassador Andreea



Voichita Pop, UNICEF Programme Specialist, with children in the Central African Republic. Picture: UNICEF Romania.



Procter & Gamble's Ramona Brad, Ileana Cociaș, Bogdana Rusescu and her daughter Ana, and Adina Mitran with the dolls they auctioned at Create a Doll – Help a Child; Picture: UNICEF Romania

Marin Bănică, who traveled to the Central African Republic, one of 47 countries in which tetanus is prevalent, as part of a mission comprising Pampers and UNICEF staff from Balkan countries. Held at Hotel Sofitel, attendees at the launch were shown images of humanitarian efforts in the Central African Republic. It was the first time Romania has taken part in such a global humanitarian campaign.

Although eliminated in Western countries, including Romania, by routine vaccination, in the developing states of Africa, Asia, Latin America and other parts of the world tetanus kills one child every three minutes. "It is hard to conceive that tens of thousands of children still die every year from this disease which is so preventable by a simple vaccine. Although there are many obstacles, I am

One Pack = One Vaccine at a glance

- The mission: to eliminate maternal and newborn tetanus.
- Every year, an estimated 140,000 babies die from newborn tetanus and up to 30,000 women
 from maternal tetanus. The tetanus bacteria breeds in soil, animal dung and feces, and can
 come into contact with babies at the very moment of their birth in unhygienic
 surroundings. The disease rages through newborns within days of their exposure to the
 tetanus bacteria and without hospital care almost always leads to a swift and painful death.
- One Pack = One Vaccine campaign will help Pampers and UNICEF make a difference to vulnerable mothers and babies around the world and help protect them against a lifethreatening, but preventable disease.
- UNICEF and the World Health Organisation predict that the elimination of maternal and newborn tetanus could be achieved in the 47 countries where it still remains a public health problem by 2012.
- The vaccines donated in the first year of the international campaign (2008) will impact the
 lives of mothers and babies in 17 countries in Africa, including Angola, Cameroon, Central
 African Republic, Cote d'Ivoire, DR Congo, Ethiopia, Equatorial Guinea, Gabon, Kenya,
 Liberia, Madagascar, Mali, Mauritania, Nigeria, Niger, Sierra Leone and Tanzania.
- Through this three-year campaign, Pampers aims to raise a total of 200 million vaccines which will help UNICEF eliminate the disease around the globe.
- Romania contributed more than 1.7 million vaccines in 2008.

confident that the goal of eliminating tetanus by 2012 can be achieved with strong partnerships such as those between Pampers and UNICEF," said Edmond McLoughney, during the launch.

Create a Doll – Help a Child

UNICEF's Create a Doll – Help a Child is an initiative which encourages children, parents, grandparents, teachers, skilled professional designers and aspiring designers to make a doll and then donate it to UNICEF to sell, with the funds raised going towards a UNICEF project or programme. At the launch of One Pack = One Vaccine, 25 dolls created by Romanian children and by local and international fashion designers were auctioned; proceeds helped to finance the transformation of a maternity hospital in Oradea into a Baby Friendly Hospital.

The Baby Friendly Hospital Initiative is a global UNICEF effort to ensure that all maternity facilities become centres of breastfeeding support. Since 1991 when the initiative began, almost 20,000 maternity hospitals have been awarded BFHI status globally. To receive this designation, a facility must go through an internal and external review, and must be able to meet ten operational standards. Of Romania's more than 200 maternity facilities, ten were designated with BFH status in 1995, and the facility in Oradea is well on the way to achieving this status.

The 25 dolls were part of more than 1,000 received from all over Romania. As well as those auctioned, another 300 were on display at the event and available for sale. Create a Doll – Help a Child project was supported by the Ministry of Education, Youth and Research.



UNICEF Romania's Raluca Manţa, Laura Petculeţ, Codruţa Hedeşiu and Despina Andrei, with just several of the more than 1,000 dolls made for Create a Doll – Help a Child. Picture; UNICEF Romania

UNICEF raised a total of 31,000 euros from the auction and sale of dolls and from the contribution of Pampers. The highest price paid for a doll was for Sofia, by the designer Andreea Tincu from Iași, which sold for RON 2000.

Among the Romanian designers who created dolls were Ludmila Corlateanu, Smaranda Almăşan, Andra Clitan, Andreea Tincu, Florenţa Criveanu, Claudia Castrase, Ana-Maria Lungu, Adelina Ivan, Mirela Diaconu, Magdalena Ghencea, Irina Marinescu, Dorin Negrău, Răzvan Ciobanu, Laura Lazăr, Adelina Ivan, Mihaela Glavan and artists at CareCutare. One doll was made by Roccobarocco (Italy) and another one by the French designer Laurent Lebourhis.



Dear UNICEF Friends,

Join us in our effort to help Romanian children fully realise their rights.

Make a donation to the UNICEF bank account nr RO10BRDE450SV43465564500, open at BRD-Groupe Société Générale, code 01.

Together we can make a difference for children in need. Any donation is welcome!

We thank you for your generosity.